



...education and problem-solving for parents of toddlers to teens

The Sibling Rivalry Solution

For Parents of Children Ages 1-16

2 Sessions – 2 Hours Each

Session	Summary	Key Topics
Pre-work	<p>Parents will complete a pre-work assignment before Session 1 of The Sibling Rivalry Solution.</p> <p>Assignment: Complete Session 1 of The Breakthrough Course Online. You will receive instructions to access the online course with your enrollment confirmation.</p> <p>Note: Pre-work takes approx. 1 hour to complete.</p>	<ul style="list-style-type: none"> • Adlerian Psychology Overview • Birth Order & Sibling Competition • Parent Personality Priority • The Tool Box
1	<p>The Sibling Rivalry Solution - Learn the root cause behind sibling competition and fighting and what parents do to make it worse.</p> <p>The 4 Solutions to minimize sibling rivalry give you concrete tools to end the fighting and teach kids how to work out their differences without your involvement. It is liberating for parents!</p>	<ul style="list-style-type: none"> • The REAL reasons our kids fight. • How Parents Make it Worse • 4 Strategies to End Sibling Fighting • Your Burning Questions
2	<p>Continue applying the 4 Strategies of The Sibling Rivalry Solution.</p> <p>Discover the power of Family Meetings and the positive affect they have on sibling relationships.</p> <p>Learn how they connect the family emotionally, teach children life-long skills, help organize your life and reduce family stress. Your kids will love them and you will too!</p>	<ul style="list-style-type: none"> • More Burning Questions • Family Meetings – Basics & Next Steps • Top 10 Family Meeting Pitfalls • Individual Family Action Plans